

OCTOBER 2018

Central High

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Romaine Salad French Fries Peaches Choice of Milk Mustard & Ketchup [Enter Menu Items]	Nacho's w/Beefy Cheese Sauce Shredded Cheese Lettuce & Tomato Refried Beans Mixed Fruit Choice of Milk Salsa	Beefy Mac Roll Green Peas Carrots Applesauce Choice of Milk	Chicken Nuggets Mashed Potato Gravy Broccoli Apricots Choice of Milk Sweet Sour Sauce	Hamburger Potato Wedges Carrots Pears Choice of Milk Ketchup, Mustard, Mayo
Columbus Day 8	Tuna Noodles Chick Peas Green Beans Strawberries Choice of Milk	Italian Spaghetti Roll Green Peas Carrots Applesauce Choice of Milk	BBQ Chicken Mashed Potato Gravy Broccoli Apricots Choice of Milk Sweet Sour Sauce	Pulled Pork Potato Wedges Carrots Pears Choice of Milk Ketchup, Mustard, Mayo
Fish Cheese grits Romaine Salad French Fries Peaches Choice of Milk Mustard & Ketchup	Pork Roast Rice & Gravy Northern Beans Turnip Greens Cornbread Strawberries Choice of Milk	Beef Stroganoff Roll Green Peas Carrots Applesauce Choice of Milk	Chicken Tenders Mashed Potato Gravy Broccoli Apricots Choice of Milk Sweet Sour Sauce	Cheeseburger Potato Wedges Carrots Pears Choice of Milk Ketchup, Mustard, Mayo
Sloppy Joe Romaine Salad French Fries Peaches Choice of Milk Mustard & Ketchup	Shredded Cheese Lettuce & Tomato Refried Beans Strawberries Choice of Milk Salsa	PB Planning Day for Teachers 24	Chicken Nuggets Mashed Potato Gravy Broccoli Apricots Choice of Milk Sweet Sour Sauce	Pulled Pork Potato Wedges Carrots Pears Choice of Milk Ketchup, Mustard, Mayo
Corndog Romaine Salad French Fries Peaches Choice of Milk Mustard & Ketchup [Enter Menu Items]	Chili w/ Crackers Corn Black Bean Salad Celery Sticks Strawberries Choice of Milk	Beefy Mac Roll Green Peas Carrots Applesauce Choice of Milk		1