

September Menu -Central

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 Labor Day	4 Soft Shell Taco Chips Shredded Cheese Bean Salad Lettuce & Tomato Mixed Fruit Choice of Milk Taco Sauce	5 Beefy Mac w/roll Celery Carrots Lettuce & Tomato Applesauce Choice of Milk Mustard & Mayo	6 Chicken Wrap Chips Lettuce& Tomato Celery Apricots Choice of Milk Mustard & Mayo	7 Pulled Pork Potato Salad Carrots Pears Choice of Milk BBQ Sauce	
	10 Cheesy Breadsticks Romaine Salad Marinara Sauce Celery Peaches Choice of Milk Mustard & Mayo	11 Fajita Chips Shredded Cheese Bean Salad Lettuce & Tomato Mixed Fruit Choice of Milk Salsa	12 Alfredo w/ roll Lettuce & Tomato Celery Carrots Applesauce Choice of Milk Mustard & Mayo	13 Chicken Wrap Chips Lettuce & Tomato Celery Apricots Choice of Milk Mustard & Mayo	14 Hamburger Potato Salad Carrots Pears Choice of Milk BBQ Sauce	
	17 Ham & Cheese Sandwich Romaine Salad Carrots Celery Peaches Choice of Milk Mustard & Mayo	18 Soft Shell Taco Chips Shredded Cheese Bean Salad Lettuce & Tomato Mixed Fruit Choice of Milk Taco Sauce	19 Submarine Sandwich Lettuce & Tomato Celery Carrots Applesauce Choice of Milk Mustard & Mayo	20 Chicken Wrap Chips Lettuce Celery Apricots Choice of Milk Mustard & Mayo	21 Pulled Pork Potato Salad Carrots Pears Choice of Milk BBQ Sauce	
	24 Turkey & Cheese Sandwich Romaine Salad Carrots Celery Peaches Choice of Milk Mustard & Mayo	25 Fajita Chips Shredded Cheese Bean Salad Lettuce & Tomato Mixed Fruit Choice of Milk Salsa	26 Spaghetti w/roll Lettuce & Tomato Celery Carrots Applesauce Choice of Milk Mustard & Mayo	27 Chicken Wrap Chips Lettuce & Tomato Celery Apricots Choice of Milk Mustard & Mayo	28 Hamburger Potato Salad Carrots Pears Choice of Milk BBQ Sauce	
	30 Sloppy Joe Romaine Salad Carrots Celery Peaches Choice of Milk Mustard & Mayo					

Grab & Go Yogurt with Carrots & Celery beside --**Grab & Go PB&J** with Carrots & Celery beside--**Grab & Go Chef Salad**

